

# The Doctor English Online English Course

## Lesson no.1.1 – Start Here

Hello [fname].

How are you? You are reading this because you have enrolled on the Doctor English Online English Course and you want to improve your English. You will get a total of 8 lessons to complete from me, one every 2 weeks over the next 4 months. Then you will get extra emails approximately every 2 weeks. It may take you longer than 4 months to complete all of the material provided. Do not worry, you can take as long as you need, but please follow all of the instructions carefully.

This Online Course is only accessible to subscribers. If you would like to tell a friend who you think would be interested in receiving these lessons then simply send them the link to the sign up page so they can get started immediately. (Here is the link, just copy it and send it to them in an email:

**<http://www.learn-english-options.com/doctorenglish.html>**.

**Warning:** This is not your typical description of how to learn English. This information is unlike anything you have ever encountered before. You have found the secrets that most English language learners will never know. Here are just a few of the techniques that you will become familiar with:

- How to learn English with or without an English Teacher and How To Start Speaking Immediately.
- How to easily begin to understand even Native English Speakers! Yes easily and with little effort... while having fun!
- How to easily learn 10 words for every 1 new word you discover!
- How to manage the Simple Tenses easily so you can start making positive, negative and question form sentences in all persons in a matter of days! English Fluency in less than 2 weeks!
- How to always know what to say in English in professional situations.
- How to always hope to have to speak English when the office phone rings (instead of hoping someone else will answer it for you).
- How to get people to ask you "Where did you learn your English? It's really very good!"
- How to write spectacularly professional letters and emails in English.

I will teach you a completely new method for rapidly improving your English.

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*Just imagine what it will be like when ...*

Instead of wasting time depending solely on a teacher to feed you grammar you will take control of your situation yourself and be responsible for rapid progress in developing your English speaking skills. How will you feel if people keep asking you: “ Hey, Francesco, how did you manage to learn English so well, in such a short time? How will that affect the way you live, work or go on holidays? Knowing that every time you speak English people are going to be amazed at how well you do it, and have difficulty believing you did it yourself?

My name is Nigel Casey and I have been in the English language business for almost 15 years now. I have worked on a variety of different types of English courses for adults. I have helped people to speak legal English, Financial English, General and Business English, English for tourism, Medical English, Aeronautical and Nautical English. I have helped people to do English Exams such as Cambridge, Toefl, Toeic and IELTS. Regardless of the specific type of English course my primary objective has always been to ensure that my students get real, tangible results and learn to speak and understand English quicker than any traditional teaching methods normally permit.

Anyway, let's get started.....

**Next step:** Print your copy of “Contract with myself”, write your name on it and sign it Now! Always start every lesson activity by first reviewing your contract.

### How to learn English with or without an English Teacher and How To Start Speaking Immediately.

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This means that whatever exercises you decide to focus on first (this will depend on your level of English) will be your first opportunity to understand and fully master a system for approaching learning English in a way that will amaze you.

Please do not worry if you find yourself slightly overwhelmed at first, the most important thing to remember is that you simply need to complete some simple steps.

1. Choose *any* English language you feel will be useful to you  
(Do not worry, I will help you to be very clear about which language functions to choose, and in which order)
2. Research it using the tools provided (Online Translator & Dictionary)
3. Practice saying the words and sentences
4. Download and start using your Audio Recording Software
5. Save your Mp3 files and start listening to them

It does not matter (it is not important) if you create some strange recordings at first.. just get started, be happy to experiment and you will soon become an expert. You will receive more emails and I will explain certain parts of this process to you again and again. **Goal No. 1 – Just get started!**

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### How to learn English with or without an English Teacher and How To Start Speaking Immediately.

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Lesson No.1 – Understanding this system.

Before you start this course you will need to understand how to do the exercises that will show you how to learn English with or without an English teacher and how to start speaking immediately.

#### 1. Decide what you want to **focus on!**

Examples: I want to introduce myself, I want to talk about my job or my hobbies, or my favourite sports. I want to describe my last holiday. I want to talk about my future plans. I want to order a meal in a restaurant.

If you are just beginning then start with the alphabet and the verb “To Be”  
<http://www.learn-english-options.com/the-english-alphabet.html>

I am	I'm	I'm not
You are	You're	You aren't
He/She/It is	He's/She's/It's	He/She/It isn't
We are	We're	We aren't
Your are	You're	You aren't
They are	They're	They aren't

The question form is easy.. “I am” becomes ... “Am I ..?”

Visit my reference website for some English grammar ideas and support:  
<http://www.learn-english-options.com/how-to-learn-English-grammar.html>

Now find these forms of the verb “To Be” in the on-line Dictionary reference, listen, repeat, write and record them. Then listen to your recorded Mp3 file instead of “studying”.

If you already speak some English then try something more difficult. Describe your average day, or your best friend. You might want to express your view on global warning or the international financial crisis, or something that requires even more complex language. You choose!

**See the Didactic Support Material and choose your level!**

2. Start building your language (write a short text, prepare!)
3. Make sure you use correct English! (take it from a book so you can be certain it is correct.)
4. Use the on-line dictionary reference to learn how to pronounce new words correctly.
5. Use the on-line translator to understand the more difficult words for you by translating them into your language.
6. **The Secret to Success..** Record *everything you study!*

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**Recording your English as you learn it is the secret to rapid learning. Instead of writing and studying, you should spend your time in the following way:**

1. **Listening to correct language** (The online Dictionary reference is great for this because you can listen to every word you search)
2. **Reproducing this language** by repeating it out loud and practicing pronouncing each word.
3. **Recording your words** as MP3 audio files
4. **Listening to your words** on your iPod or Mp3 player.
5. **Practicing complete sentences** (You can find example sentences in the online Dictionary for every word you research!)
6. **Using Language formulas** - Always remember that every sentence you make can have lots of different variations:

### **SENTENCE FORMS INCLUDE:**

#### **All persons**

I, You, He, She, It, We, You, They

#### **Positive sentences – example**

I am from Ireland. She is from Spain. They are from Greece.

#### **Negative sentences – example**

I am not from Ireland. She is not from Spain. They are not from Greece.

#### **Question sentences – example**

Are you from Ireland? Is she from Spain? Are they from Greece?

<http://www.learn-english-options.com/verb-tenses.html>

### **This week's Homework:**

1. Read and listen to this entire message at least 5 times
2. Download the MP3 audio file and listen to it again without reading it this time on your iPod or Mp3 player everyday until the next lesson.
3. Download your free Audio Recording Software
4. **Decide what you want to focus on AND WHAT YOU WANT TO COMMUNICATE!**  
Examples: I want to introduce myself, I want to talk about my job or my hobbies, or my favourite sports. I want to describe my last holiday. I want to talk about my future plans.  
If you are just beginning then start with the verb "To Be"  
Make a phrasebook and write in the new (complete) sentences you find in the Online Dictionary.
5. Use the Online Dictionary Reference and practice pronouncing the words.
6. Start recording and saving your Mp3 files.

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Please make every effort to do your homework and use the Online Translator and Dictionary to understand **every word** of this lesson!

### Your learning resources:

#### Online translator

**Use this** to translate any words you do not understand in this text into your native language

#### Online Dictionary Reference

**Use this** to find meanings, definitions, example sentences and audio pronunciation support for all your new words

#### Audio Recording Software

**Download this** easy-to-use software to start recording immediately and creating your collection of Mp3 files to listen to on your iPod or Mp3 player (you can also burn these files to create CDs if you prefer!)

#### Doctor English Tense Drills Worksheet

**Use this** template to practice forming sentences using the Doctor English tense drill formula, keep it in your pocket and practice throughout the day...EVERYDAY!

#### Student Introductions – PDFs & Mp3s

**Read and listen** to these examples of how to create your perfect introduction.

#### Audio files for Lesson 1

**Listen while you read** the lesson 1 material (at least 10 times!)

Be well and enjoy practicing and improving your English,



Nigel J. Casey  
Founder & Director  
Doctor English  
Professional Language Services & Consulting

**Next step:** Open your “Victory List”, write in the actions you have taken and the dates when you completed them. Always start every lesson activity by first reviewing your “Victory List” to see what’s next and your “Contract with myself”.